

**Personal Contact Program:** Develop a program requiring a trained Foundation member to personally speak with anyone who contacts the Foundation regarding an adolescent who is abusing, or who is suspected of abusing steroids within 24 hours of the initial contact. If the contact regards a young person who is suicidal or has lost their life due to steroids, the contact will be made by Frank or Brenda Marrero.

**Romans 8:28**

*And we know that in all things god works for the good of those who love him, who have been called according to his purpose*

*If you are interested in helping us attain these initiatives, please contact us or simply mail your donation to the address on the back of this brochure.*

The **Efrain Anthony Marrero Foundation** is steadfastly dedicated to...

...fighting illegal steroid and performance enhancing drug use amongst our youth.

...educating coaches, athletic directors, teachers, parents, and youth about the dangers of steroid use through speaking engagements, seminars, printed materials and the Internet.

...fostering an environment where our adolescents compete, and are evaluated, using only their natural abilities.

...providing a nationwide network of resources for parents and children dealing with steroid abuse.

...staying culturally relevant through education and awareness.

**The Efrain Anthony Marrero Foundation**

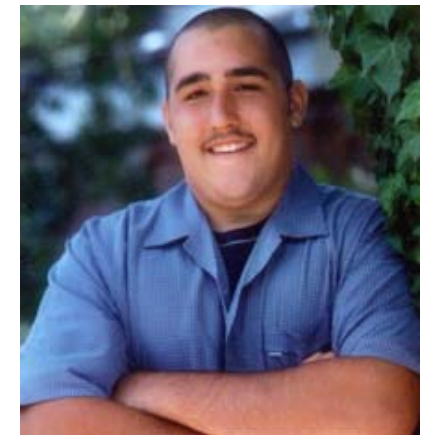


2010-A Harbison Dr., Suite 198  
Vacaville, CA 95687

Phone: 707-447-1058  
Fax: 707-646-7150



**The Efrain Anthony Marrero Foundation**



**Fighting  
Against  
Steroids  
Together**

# INITIATIVES

## *Education Initiatives*

**Live Presentations:** Presentations, approved by the Foundation, stressing the prevalence and dangers of steroid abuse. These presentations will be delivered by speakers selected and trained by the Foundation to specifically reach a particular target audience. Presentations will be delivered to parents, teachers, coaches, trainers, athletic directors, school boards, school nurses, and principals, as well as students.

**Video Presentations:** Professionally produce videotape presentations, targeted to a specific audience, to communicate the Foundation's message when a live presentation is not feasible

**Website:** An attractive, user friendly website that provides examples of actual tragedies caused by steroid abuse, information about steroid abuse and resources for dealing with the problem. The webmaster will ensure the site remains accurate and relevant.

**Radio/TV Ads:** Professionally produced public service ads that deliver the Foundation's message on a regular basis. Additionally, the Foundation will obtain reputable sponsors for these ads.

**Workshops:** Deliver workshops using actual case studies to train teachers, coaches, parents, school administrators, etc. on how to recognize and deal with steroid abuse.

**Media Liaison:** Maintain effective liaison with print, radio and TV media to keep the topic of steroid abuse in the public's awareness.

**Information Packets:** Informational materials distributed to parents and students as part of school orientation, sports sign-ups, parental permission packages, etc. These packets will include, as a minimum, the signs of steroid abuse, the dangers of steroid abuse, and the Foundation's website address.

**Testimonials:** Seek respected, highly successful athletes from a wide spectrum of the sports world who embody the Foundation's mission statement to speak out forcefully against steroid abuse.

## *Legislation Initiatives*

**Total Ban:** Work diligently with local, state and national athletic organizations at all levels of competition, as well as with state and federal lawmakers, to achieve an enforceable total ban on the use of steroids, and other performance enhancing drugs, in all sports.

**Stiffen Penalties:** Work diligently with local, state and national athletic organizations at all levels of competition, as well as with state and federal lawmakers to stiffen the penalties for abuse of steroids or other performance enhancing drugs. Stop the endless "one more chance" policy.

**Hamper Distribution:** Urge local, state and national law enforcement agencies, as well as state and federal lawmakers, to treat illegal steroids with the same gravity as other illegal drugs. Strongly urge and support expending

resources to stem the flow of steroids into our schools and gyms.

**Mandatory Testing:** Work diligently with local, state and national athletic organizations at all levels of competition, as well as with state and federal lawmakers, to institute a program requiring mandatory, random, no-notice testing of athletes at all levels of competition, in all sports.

## *Assistance Initiatives*

**Caregiver Network:** Develop a nationwide network of physicians, psychiatrists, psychologists and counselors who are well versed in the proper treatment of steroid abuse, and who are available for referral when the need arises. Information regarding this network will be provided directly to teachers, coaches, trainers, and school nurses, in addition to publication on the Foundation's website for dissemination to parents and adolescents.

**Standard Protocol:** Work with the medical community to develop a standard protocol for treating steroid abuse. This protocol would be provided to medical professionals unfamiliar with steroid abuse and withdrawal by medical professionals well versed in that area. This initiative will expand the number of caregivers who can safely and effectively treat steroid abuse cases.